Personal Fitness

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There’s a Fitbit product for everyone.

SEE OUR FAMILY OF EVERYDAY, ACTIVE AND PERFORMANCE FITNESS PRODUCTS

UP move™

Move more. Get fit.

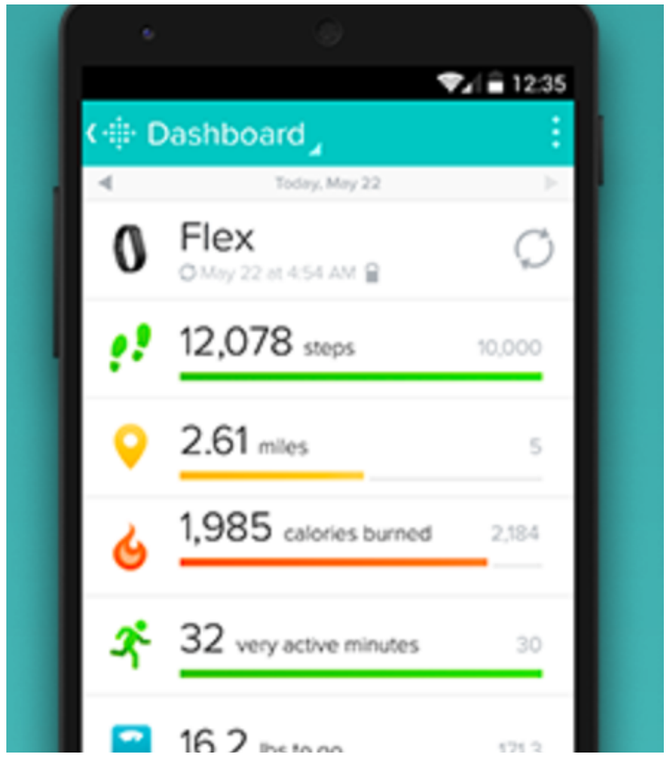
UP24™

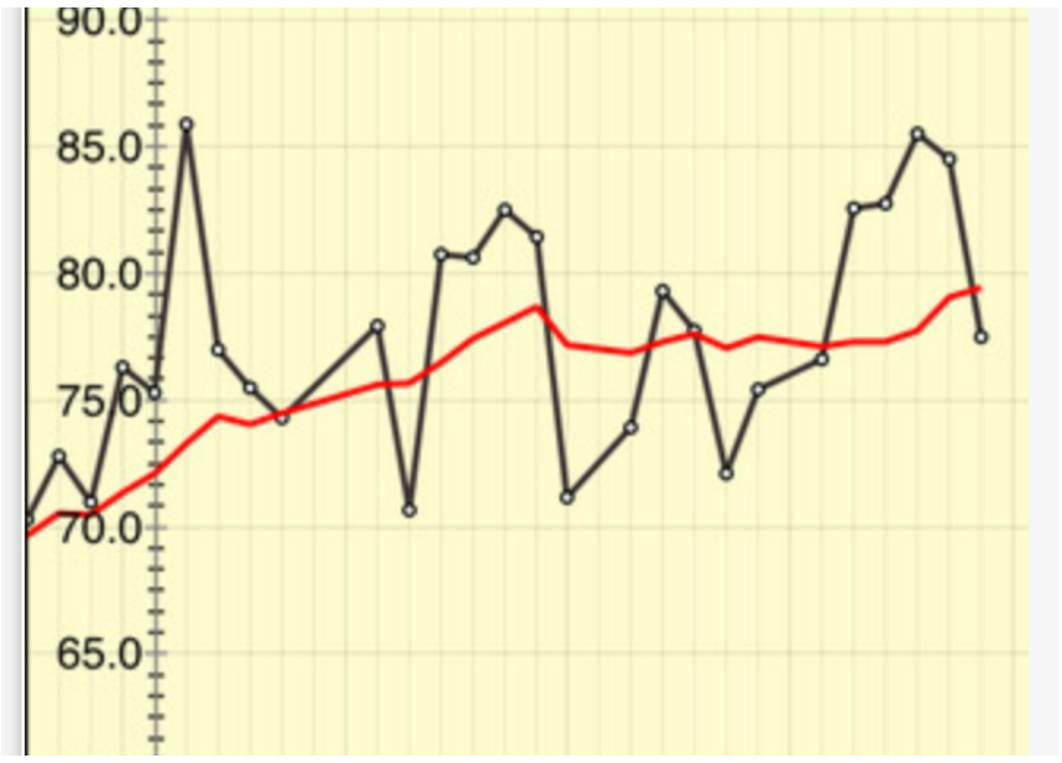
Eat, sleep and move. Better.

UP3™

The world's most advanced tracker.

7:11 PM
94%
8h 15 min
112%
9,520 steps
50min
9.1/10
Food Score
1,582 cal eaten
TODAY
NOVEMBER 5
SMART COACH
Step Victory!
Success! All that stepping has you primed for a sound snooze tonight. Sweet dreams. Try another 8,500 step Today I Will tomorrow?
See how you did
No Thanks
TOMORROW
All Activitites


12:35
Dashboard
Today, May 22
Flex
May 22 at 4:54 AM
12,078 steps
10,000
2.61 miles
5
1,985 calories burned
2,184
32 very active minutes
30


90.0
85.0
80.0
75.0
70.0
65.0

Personal Fitness

- The task is to implement personal fitness application that can show personal fitness level.

- Application passively monitors heart rate using bluetooth sensor device without user needing to do any special exercises.

- All gathered sensor data is uploaded to cloud for storage along with other available data. Another part of the application can be used to browse trends of personal fitness level during previous weeks or months.